

PREPOPIK INSTRUCTIONS | DAY-BEFORE REGIMEN

**BEGIN A CLEAR LIQUID DIET (NO SOLID FOOD) THE DAY BEFORE AND DAY OF YOUR COLONOSCOPY—
 AND REMEMBER TO STAY HYDRATED!**

MEDICATE Only 2 packets total

**FOR EACH PACKET
 TAKEN SEPARATELY:**

- 1 FILL**
the dosing cup with
COLD WATER up to the
lower line (5 oz)
- 2 POUR**
in the contents of 1 packet
- 3 STIR**
for **3 minutes** until
powder is dissolved
- 4 DRINK**
it ALL

PACKET 1 Afternoon before

Start ____:____ PM
 (Between 4-6 PM)



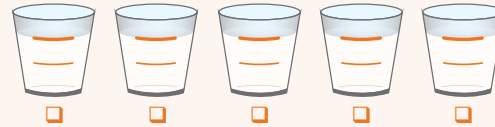
PACKET 2 Night before

Start ____:____ PM/AM
 (Between 10 PM-12 AM)



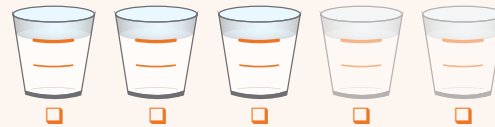
HYDRATE Drink your choice of clear liquids

AFTER PACKET 1



**DRINK 5 8-oz (upper line) cups of clear liquid
 over the next 5 hours**

AFTER PACKET 2



**DRINK AT LEAST 3 8-oz cups of clear liquid or more, as
 recommended by your doctor. You may continue hydrating
 up to 2 hours before your colonoscopy**

DRINK clear liquids

- Water
- Clear broth
- Apple juice
- Ginger ale
- White cranberry juice
- Plain gelatin (NO red or purple)
- Frozen juice bars (NO red or purple)
- White grape juice

**Remember to drink plenty of clear
 liquids to stay hydrated**

DON'T drink anything you can't see through

- NO red or purple liquids
- NO alcohol
- NO milk or dairy

COLONOSCOPY INFORMATION (completed by healthcare provider)

Date _____

Special instructions _____

Time _____ : _____ AM/PM

INDICATION AND IMPORTANT SAFETY INFORMATION

PREPOPIK is a prescription medicine used by adults to clean the colon before a colonoscopy. PREPOPIK cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

- Do not take PREPOPIK if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in PREPOPIK

- Tell your healthcare provider right away if you have any of these symptoms of a loss of too much body fluid (dehydration) while taking PREPOPIK: vomiting that prevents you from keeping down the additional prescribed amounts of clear liquids that you must drink after taking PREPOPIK, dizziness, urinating less often than normal, or headache
- PREPOPIK and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that can cause death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood

salts with PREPOPIK is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs).

- The most common side effects of PREPOPIK include nausea, headache, and vomiting

Please see accompanying full Product Information, including patient Medication Guide.

These are not all the possible side effects of PREPOPIK. For more information, ask your healthcare provider or pharmacist. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088

QUESTIONS?

For additional resources, visit **PREPOPIK.com**. For customer service inquiries, call **1-888-FERRING (1-888-337-7464)**.